

# > THE HIP AND KNEE PROGRAMME

The hip and knee programme managed hip and knee replacements. Our partner for the programme is Improved Clinical Pathway Services (ICPS). ICPS is a group of orthopaedic surgeons that specialise in performing hip and knee replacements according to standardised clinical care pathways. These care pathways have been developed in accordance with evidence based outcomes to ensure that the quality of the hip and/or knee replacement is of highest standard and to ensure the best health outcomes.

## WHAT DOES THE HIP AND KNEE PROGRAMME OFFER?

The programme helps you to take an active part in planning for your recovery for hip or knee surgery as well as ensuring peace of mind by offering a cost-effective and high-quality replacement. It uses a multidisciplinary team dedicated to assist with rapid and successful recovery, keeping patients as comfortable as possible during the healing period.

## WHAT DOES THE PROGRAMME COVER?

The programme has been established to assist you in taking an active part in planning your care and recovery for hip or knee surgery as well as ensuring financial peace of mind. It is available to members on BonClassic, Standard, Standard Select and BonComplete.

The first step of the programme is a consultation with an orthopaedic surgeon on the network. If the decision for surgery is made after the consultation, then ICPS will apply for pre-authorisation on your behalf. This will allow you access to the hip and knee programme and ensure payment in full (subject to your prosthesis benefit) with no co-payment for the procedure. The ICPS surgeon will give you a booklet providing you with information on the programme.

### ICPS will manage your procedure and all the related claims submission on your behalf including

- All hospital costs
- Surgeons and anaesthetist fees
- Prosthesis (subject to the prosthesis benefit)
- Physiotherapist costs (pre-, intra- and post-operative)

## HOW DO I FIND AN ORTHOPAEDIC SURGEON ON THE ICPS NETWORK?

Call **0861 112 666** and you will be given the details of an ICPS orthopaedic surgeon closest to you.

## WHAT HAPPENS IF I DO NOT USE A SURGEON ON THE ICPS NETWORK?

If you choose not to use an ICPS orthopaedic surgeon and you are admitted for hip or knee surgery you will have to pay a R5 300 co-payment on admission to hospital. This applies to BonClassic, Standard and BonComplete. If you are on the Standard Select option you are only allowed to use the ICPS network.

## DOES THE ICPS PROVIDE THE BEST SERVICE?

The ICPS work according to standardised clinical care pathways. These care pathways have been developed in accordance with evidence based outcomes to make sure that the quality of the replacement is of the highest standard and to make sure that you have the best health outcomes.

## IMPROVED CLINICAL PATHWAY SERVICES

Call:

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Email:

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Website:

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